



1614 DUNDAS ST. EAST, SUITE #101 WHITBY, ON L1N 8Y8  
905-438-9000 www.drkaraplasticsurgery.com

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

HOME PHONE#: \_\_\_\_\_ CELL# \_\_\_\_\_ WORK# \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_ NEWSLETTER: YES / NO

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

SEX: M \_\_\_ F \_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

HEALTH CARD # \_\_\_\_\_ VERSION CODE: \_\_\_\_\_ EX DATE \_\_\_\_\_

FAMILY DOCTOR \_\_\_\_\_ PHONE # \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ PHONE# \_\_\_\_\_

EMERGENCY CONTACT RELATIONSHIP: \_\_\_\_\_ ARE YOU A CANADIAN CITIZEN? YES / NO

**PLEASE INDICATED WHAT SURGICAL PROCEDURES YOU ARE INTERESTED IN:**

- ABDOMINOPLASTY (TUMMY TUCK)
- LIPOSUCTION
- BREAST AUGMENTATION (24 HOUR RECOVERY)
- BREAST LIFT OR REDUCTION
- BREAST REVISION/IMPLANT REPLACEMENT
- BLEPHAROPLASTY (EYELID SURGERY)
- GYNECOMASTIA (MALE BREAST REDUCTION)
- LOWER BODY LIFT (BELT)
- FACELIFT/NECK LIFT
- ARM LIFT
- THIGH LIFT
- FAT TRANSFER
- OTHER: \_\_\_\_\_

**IF ANY, PLEASE LIST ALL SURGICAL PROCEDURES YOU HAVE EVER UNDERGONE AND WHEN:**

\_\_\_\_\_  
\_\_\_\_\_

**WHICH AREAS DO YOU WANT TO IMPROVE?**

- WRINKLES
- AGE/BROWN SPOTS
- SPIDER VEINS
- SPIDER VEINS ON NOSE AND/OR CHEEKS
- ROSACEA
- ENLARGED PORES
- RAISED MOLES OR OTHER LESIONS
- AGING SKIN
- SAGGING SKIN
- DULL/GREY PALLOR (PALE SKIN)
- AGING AREA AROUND EYES
- AGING AREA AROUND MOUTH
- SUN DAMAGE ON NECK/DECOLLETAGE (CHEST)



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- SUN DAMAGE ON BACKS OF HANDS/ARMS/LEGS
- LOCALIZED FAT DEPOSITS
- SCARS
- ALL OF THE ABOVE

**WHICH TREATMENTS ARE YOU INTERESTED IN?**

- LASER SKIN IMPROVEMENT - BEST RESULT WITH NO DOWNTIME
- LASER SKIN IMPROVEMENT - BEST RESULT WITH MINIMAL DOWNTIME
- LASER SKIN IMPROVEMENT - BEST RESULT POSSIBLE
- ACNE/ROSACEA MANAGEMENT
- PRESCRIPTION SKIN CARE PRODUCTS/SKIN CARE
- BOTOX
- DERMAL FILLERS
- COOLSCULPTING
- SPIDER VEIN TREATMENT
- BOTOX TO REDUCE SWEATING AND/OR MIGRAINES
- MEDICAL GRADE FACIAL
- IPL (INTENSE PULSED LIGHT THERAPY)/BBL
- LASER HAIR REMOVAL
- LATISSE
- ALL OF THE ABOVE

**COSMETIC TREATMENT HISTORY:**

YES  NO – HAVE YOU EVER USED ACUTANE? IF YES, WHEN: \_\_\_\_\_

COMPLICATIONS (IF ANY) \_\_\_\_\_

YES  NO – PREVIOUS LASER OR IPL/BBL? IF YES, WHEN: \_\_\_\_\_

TYPE OF LASER (IF KNOWN): \_\_\_\_\_

COMPLICATIONS (IF ANY) \_\_\_\_\_

YES  NO – PREVIOUS DERMAL FILLERS? IF YES, WHEN: \_\_\_\_\_

TYPE OF FILLER (IF KNOWN): \_\_\_\_\_

COMPLICATIONS (IF ANY) \_\_\_\_\_

YES  NO – PREVIOUS BOTOX (OR OTHER NEUROMODULATORS)? IF YES, WHEN: \_\_\_\_\_

TYPE OF NEUROMODULATORS (IF KNOWN): \_\_\_\_\_

COMPLICATIONS (IF ANY) \_\_\_\_\_

YES  NO – OTHER COSMETIC TREATMENTS? IF YES, WHEN: \_\_\_\_\_

TYPE (PEEL, MICRODERM, SKIN CARE, ETC): \_\_\_\_\_

COMPLICATIONS (IF ANY): \_\_\_\_\_

**FOR WOMEN ONLY**

- YES  NO - ARE YOU SEXUALLY ACTIVE?
- YES  NO - ARE YOU PREGNANT OR BREAST-FEEDING?
- YES  NO - ARE YOU CURRENTLY USING BIRTH CONTROL?

**HEALTH DISCLOSURE STATEMENT**

**ALLERGIES AND SENSITIVITIES IS THERE ANY HISTORY OF SKIN REACTION OR OTHER ILLNESS FOLLOWING CONTACT WITH:**

- YES  NO - PENICILLIN, SULFA OR OTHER ANTIBIOTIC?
- YES  NO - MORPHINE, CODEINE, DEMEROL OR NARCOTIC?



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- YES  NO - NOVOCAIN, LIDOCAINE OR LOCAL ANESTHETICS?
  - YES  NO - TETANUS TOXOID OR SERUMS?
  - YES  NO - ADHESIVE TAPE?
  - YES  NO - IODINE, BETADINE, CHLORHEXIDINE OR PHISOPHEX ?
  - YES  NO - TINCTURE OF BENZOIN?
  - YES  NO - LATEX RUBBER?
  - YES  NO - OTHER DRUG MEDICINE OF OTHER SUBSTANCE?
- (IF YES LIST HERE) \_\_\_\_\_

**DO YOU CURRENTLY TAKE ANY OF THE FOLLOWING DRUGS AND MEDICINES OR HAVE YOU WITHIN THE LAST 6 MONTHS?**

- CURRENTLY  IN THE LAST 6 MONTHS  NO - CORTISONE, PREDNISONE OR ACTH?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - DIURETICS OR WATER PILLS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - BLOOD PRESSURE MEDICATION?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - STEROIDS OR BODY BUILDING DRUGS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - SEIZURE MEDICATION?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - INSULIN OR DIABETES MEDICATION?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - HEADACHE OR MIGRAINE MEDICATIONS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - ASTHMA MEDICATION?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - PHEN-PHEN OR REDUX?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - BIRTH CONTROL PILLS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - ANTIBIOTICS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - HEART MEDICATION?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - ANTICOAGULANTS OR BLOOD THINNERS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - PAIN PILLS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - APPETITE SUPPRESSANTS OR DIET PILLS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - SEDATIVES, TRANQUILIZERS OR SLEEPING PILLS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - ANTIDEPRESSANTS, ANTIPSYCHOTICS OR NERVE PILLS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - RECREATIONAL OR ILLEGAL DRUGS?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - HOMEOPATHIC OR HERBAL MEDICINES?
  - CURRENTLY  IN THE LAST 6 MONTHS  NO - OTHER DRUGS OR MEDICATIONS USED?
- (IF YES TO ANY, PLEASE LIST HERE) \_\_\_\_\_

PLEASE LIST ANY DIETARY SUPPLEMENTS, HOMEOPATHIC MEDICATION OR VITAMINS YOU TAKE: \_\_\_\_\_

**IMPORTANT MEDICAL CONDITIONS**

**HAVE YOU EVER HAD OR RECEIVED TREATMENT FOR ANY OF THE FOLLOWING?**

- YES  NO - HEPATITIS (HEP. B., C. ETC.) LIVER DISEASE?
- YES  NO - HIV OR AIDS?
- YES  NO - ASTHMA? TB?
- YES  NO - PULMONARY EMBOLUS?
- YES  NO - HIGH BLOOD PRESSURE?
- YES  NO - HEART ATTACK, PALPITATIONS?
- YES  NO - CONGENITAL HEART DISEASE?
- YES  NO - CHEST PAIN?
- YES  NO - DIZZINESS?
- YES  NO - PACEMAKER?



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- YES  NO - ARTIFICIAL HEART VALVE?
- YES  NO - MITRAL VALVE PROLAPSE?
- YES  NO - FAINTING?
- YES  NO - GASTROESOPHAGEAL REFLUX?
- YES  NO - CHRONIC FATIGUE SYNDROME?
- YES  NO - PSYCHOLOGICAL OR EMOTIONAL PROBLEMS?
- YES  NO - SHINGLES, COLD SORES, FEVER BLISTERS OR ORAL HERPES?
- YES  NO - STOMACH ULCERS?
- YES  NO - CHRONIC OR RECENT COUGH?
- YES  NO - PHLEBITIS, BLOOD CLOTS OR VARICOSE VEINS?
- YES  NO - BLOOD TRANSFUSIONS?
- YES  NO - ADVERSE OR UNUSUAL REACTION TO ANESTHESIA?
- YES  NO - ABNORMAL HEALING OR POOR SCAR FORMATION?
- YES  NO - EDEMA, PERSISTENT OR UNUSUAL SWELLING?

#### IMPORTANT MEDICAL CONDITIONS

HAVE YOU EVER HAD OR RECEIVED TREATMENT FOR ANY OF THE FOLLOWING? (CONTINUED)

- YES  NO - VENEREAL DISEASE?
- YES  NO - ANXIETY OR "PANIC ATTACKS"?
- YES  NO - MIGRAINES, HEADACHES?
- YES  NO - ANEMIA OR BLOOD DISORDER?
- YES  NO - ABNORMAL BLEEDING?
- YES  NO - EASY BRUISING?
- YES  NO - ALCOHOLISM?
- YES  NO - DRUG ADDICTION?
- YES  NO - KIDNEY FAILURE, OR ANY OTHER KIDNEY DISEASE?
- YES  NO - GLAUCOMA?
- YES  NO - STIFF NECK?
- YES  NO - BACK PROBLEMS? ARTIFICIAL JOINT?
- YES  NO - SCARS/KELOIDS?
- YES  NO - DIABETES?
- YES  NO - THYROID PROBLEM OR GRAVES DISEASE?
- YES  NO - CHRONIC HEAD PAIN?
- YES  NO - SEIZURES?
- YES  NO - STROKE?
- YES  NO - BELL'S PALSY OR NEUROLOGICAL PROBLEMS?
- YES  NO - AUTOIMMUNE DISEASE? LUPUS?
- YES  NO - BIPOLAR OR MANIC-DEPRESSIVE ILLNESS?
- YES  NO - PERSONALITY DISORDERS?
- YES  NO - CURRENTLY IN THERAPY OR COUNSELLING?
- YES  NO - SEVERE ALLERGY ATTACK?
- YES  NO - SLEEP APNEA?
- YES  NO - SLEEP DISORDER?
- YES  NO - X-RAY TREATMENTS OR RADIATION THERAPY?
- YES  NO - BODY DYSMORPHIC DISORDER?
- YES  NO - EATING DISORDERS?



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YES  NO - OTHER MEDICAL CONDITION (IF YES, LIST HERE)

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**MEDICATIONS THAT MAY CAUSE BLEEDING, DO YOU TAKE ANY OF THE FOLLOWING ON A REGULAR BASIS:**

- YES  NO - ASPIRIN OR ASPIRIN CONTAINING MEDICATIONS?
- YES  NO - IBUPROFEN (MOTRIN, ADVIL, NURPIN)?
- YES  NO - KETOPROFEN (ALEEVE)?
- YES  NO - VITAMIN E? (EXCLUDING THAT IN A MULTIVITAMIN)
- YES  NO - ANTI-INFLAMMATORIES OR MUSCLE RELAXANTS?
- YES  NO – HAVE YOU OR ANY BLOOD RELATIVE HAD ANESTHESIA COMPLICATIONS OF ANY KIND?

**SMOKING**

- YES  NO - DO YOU CURRENTLY SMOKE, OR HAVE YOU SMOKED IN THE PAST? (OR NICOTINE-CONTAINING PRODCUTS)  
IF QUIT, NUMBER OF YEARS QUIT \_\_\_\_\_
- IF YES:  
AVERAGE NUMBERS OF PACKS SMOKED PER DAY \_\_\_\_\_
- APPROXIMATE NUMBER OF TOTAL YEARS SMOKED \_\_\_\_\_

**DENTAL**

- YES  NO - DO YOU HAVE DENTURES, VENEERS, CAPPED TEETH OR ANY LOOSE DENTAL DEVICES?

**STATEMENT OF INFORMATION ACCURACY**

I UNDERSTAND THAT THE INFORMATION ON THESE FORMS IS ESSENTIAL TO DETERMINE MY MEDICAL AND COSMETIC NEEDS AND THE PROVISION OF TREATMENT. I UNDERSTAND THAT IF ANY CHANGES OCCUR IN MY MEDICAL HISTORY/HEALTH I WILL REPORT IT TO THE OFFICE AS SOON AS POSSIBLE. I HAVE READ AND UNDERSTAND THE ABOVE MEDICAL QUESTIONNAIRE. I ACKNOWLEDGE THAT ALL ANSWERS HAVE BEEN RECORDED TRUTHFULLY AND WILL NOT HOLD ANY STAFF MEMBER RESPONSIBLE FOR ANY ERRORS AND OMISSIONS THAT I HAVE MADE IN THE COMPLETION OF THIS FORM.

PLEASE BE ADVISED THAT THE OFFICE IS EQUIPPED WITH AUDIO RECORDING - ALL PHONE CALLS IN AND OUT OF THE OFFICE ARE ALSO RECORDED FOR QUALITY ASSURANCE AND TRAINING PURPOSES.

HERE AT DR.KARA MEDICINE PROFESSIONAL CORPORATION WE PRIDE OURSELVES ON PATIENT CARE AND REQUEST A MUTUAL RESPECT TO STAFF AND PATIENTS. ANY AGGRESSIVE LANGUAGE OR BEHAVIOUR WILL RESULT IN IMMEDIATE TERMINATION OF PATIENT CARE.

\_\_\_\_\_  
PATIENT SIGNATURE

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
DATE



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CONSENT TO THE USE AND DISCLOSURE OF HEALTH INFORMATION FOR TREATMENT,  
PAYMENT, OR HEALTHCARE OPERATIONS

I UNDERSTAND THAT AS PART OF MY HEALTHCARE, THIS ORGANIZATION CREATES AND MAINTAINS HEALTH RECORDS DESCRIBING MY HEALTH HISTORY, SYMPTOMS, EXAMINATION AND TEST RESULTS, DIAGNOSES, TREATMENT, AND ANY PLANS FOR FUTURE CARE OR TREATMENT. I UNDERSTAND THAT THIS INFORMATION SERVES AS:

- A BASIS FOR PLANNING MY CARE AND TREATMENT
- A MEANS OF COMMUNICATION AMONG ANY HEALTH PROFESSIONALS WHO CONTRIBUTE TO MY CARE
- A SOURCE OF INFORMATION FOR APPLYING MY DIAGNOSIS AND MEDICAL INFORMATION TO MY BILL
- A MEANS BY WHICH A THIRD-PARTY PAYER CAN VERIFY THAT SERVICES BILLED WERE ACTUALLY PROVIDED
- A TOOL FOR ROUTINE HEALTHCARE OPERATIONS SUCH AS ASSESSING QUALITY AND REVIEWING THE COMPETENCE OF HEALTHCARE PROFESSIONALS

I UNDERSTAND THAT I HAVE THE RIGHT TO OBJECT TO THE USE OF MY HEALTH INFORMATION FOR DIRECTORY PURPOSES. I UNDERSTAND THAT I HAVE THE RIGHT TO REQUEST RESTRICTIONS AS TO HOW MY HEALTH INFORMATION MAY BE USED OR DISCLOSED TO CARRY OUT TREATMENT, PAYMENT, OR HEALTHCARE OPERATIONS AND THAT THE ORGANIZATION IS NOT REQUIRED TO AGREE TO THE RESTRICTIONS REQUESTED. I UNDERSTAND THAT I MAY REVOKE THIS CONSENT IN WRITING, EXCEPT TO THE EXTENT THAT THE ORGANIZATION HAS ALREADY TAKEN ACTION IN RELIANCE THEREON.

I REQUEST THE FOLLOWING RESTRICTIONS TO THE USE OR DISCLOSURE OF MY HEALTH INFORMATION: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
PATIENT SIGNATURE

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
DATE

\_\_\_\_\_  
WITNESS SIGNATURE

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
DATE

\_\_\_\_\_  
DOCTOR SIGNATURE

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
DATE